1	Circulation and Overturning in the Eastern North Atlantic Subpolar Gyre
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10	Abstract
11	This study describes new transport estimates of the North Atlantic Current in the Iceland
12	Basin, and uses these results along with other contemporaneous measurements to determine mass
13	and overturning budgets for the eastern North Atlantic subpolar gyre. As part of the Overturning
14	in the Subpolar North Atlantic Program (OSNAP), estimates of the North Atlantic Current are
15	determined using three full-depth dynamic height moorings spanning the Iceland Basin and are
16	supplemented by Argo and satellite altimetry data. Along with historical estimates of the
17	exchanges over the Iceland-Scotland Ridge, additional OSNAP results from the Rockall Trough
18	and Rockall-Hatton Bank regions are used to calculate transport budgets in different density
19	layers over a broad portion of the eastern subpolar gyre. Results show that 13-14 Sv of the North
20	Atlantic Current (σ_{θ} < 27.8 kg m ⁻³) flow northward into the middle of the Iceland Basin through
21	a primary baroclinic flow near 23.5°W and a secondary quasi-barotropic flow near 26°W.
22	Together with the observed northward flow in the Rockall-Hatton area, we conclude that 19-20
23	Sv of the upper limb of the Atlantic Meridional Overturning Circulation (σ_{θ} < 27.56 kg m ⁻³)
24	flows into the region where nearly 40% of it (7.3 Sv) is converted into the lower limb primarily
25	through progressive water mass modification from atmospheric cooling. This accounts for

nearly half of the strength of Atlantic Meridional Overturning Circulation defined by the full
OSNAP array extending across the basin from Greenland to Scotland.

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29

30 1. Introduction

31

32 The Atlantic Meridional Overturning Circulation (AMOC) is a fundamental component 33 of Earth's climate system. Warm, salty waters from the North Atlantic Current propagate to the 34 subpolar and polar regions of the northern North Atlantic and Norwegian Sea where they 35 experience buoyancy loss through cooling then return southward as North Atlantic Deep Water. 36 Despite its importance, continuous trans-basin monitoring of this process did not begin until 37 2014 with the advent of the Overturning in the Subpolar North Atlantic Program (OSNAP; 38 Lozier et al., 2017). This program now maintains the first continuous Eulerian array across the 39 entire northern North Atlantic to improve our knowledge of the subpolar gyre's fluxes of heat, 40 mass and freshwater (Fig. 1). Prior to OSNAP it was believed that the formation of deep waters 41 within the lower limb of the AMOC occurred primarily in two locations: through dense 42 overflows from the Norwegian Seas and deep convection in the Labrador Sea. However, one of 43 the first papers produced from the OSNAP program found that there was very little overturning 44 in the Labrador Sea, leaving the location of much of the overturning undocumented (Lozier et 45 al., 2019).

In order to gain a better understanding of the AMOC, accurate estimates of the transport in its
upper and lower limbs within the North Atlantic subpolar gyre, and the rates and locations of
water mass conversion between them, are necessary. This study aims to update the geostrophic

49 transport of the North Atlantic Current flowing into the Iceland Basin using a combination of 50 OSNAP moorings, autonomous Argo floats, and satellite altimetry. Then, combined with other recent results from the OSNAP program, this study establishes a mass balance and evaluates 51 52 overturning in the eastern North Atlantic subpolar gyre. The boundaries of the study domain are 53 defined by the Reykjanes Ridge in the west, the European continent in the east, the OSNAP line 54 near 58°N in the south, and the Iceland-Scotland Ridge in the north (Fig. 1). The flow across 55 each of the oceanic boundaries of this domain is divided into three potential density layers, using 56 two isopycnals to separate the water masses. The chosen isopycnals are $\sigma_{\theta} = 27.56$ kg m⁻³, 57 which is the potential density of the maximum in the overturning streamfunction (i.e., the 58 isopycnal at which the maximum of the overturning streamfunction in density space occurs) 59 along the OSNAP mooring line between Greenland and Scotland (Li et al., 2021), and $\sigma_{\theta} = 27.8$ 60 kg m⁻³, which is the isopycnal separating cooler recirculating subpolar gyre water from the 61 denser waters that originate from the Nordic Sea overflows. Waters in the upper layer therefore constitute the upper limb of the AMOC ($\sigma_{\theta} < 27.56 \text{ kg m}^{-3}$), while the combined flow in the 62 63 bottom two layers constitute the lower limb ($\sigma_{\theta} > 27.56 \text{ kg m}^{-3}$). 64





67 Figure 1: Schematic of the surface water pathways (red, yellow and green) and deep water

68 pathways (blue) in the North Atlantic subpolar gyre, adapted from Koman et al. (2020). Green

69 and red arrows depict surface waters primarily of Arctic origin and North Atlantic Current

70 origin while yellow arrows represent surface waters with mixtures of both. All mooring

locations in the OSNAP program are denoted by triangles with the moorings used in this study
 to determine the transport of the North Atlantic Current in the Iceland Basin in magenta. The

12 Io action of the OSNAP glider section is pictured in gray over the Rockall Plateau. Bathymetry

- 74 colors change with every 1000 m in depth. Acronyms: East Reykjanes Ridge Current (ERRC);
- 75 Irminger Current (IC); Denmark Strait Overflow Water (DSOW); East Greenland Coastal

76 Current (EGCC); East Greenland Currents (EGC); West Greenland Current (WGC);

- 77 Labrador Current (LC); North Atlantic Current (NAC); Iceland Scotland Overflow Water
- 78 (ISOW); Faroe Shetland Channel (FSC); Faroe Bank Channel (FBC); Wyville Thomson
- 79 Ridge (WTR); Charlie Gibbs Fracture Zone (CGFZ); Bight Fracture Zone (BFZ).
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82 2. Background

84 In the following, we describe the available historical measurements and recent estim	ates
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- 85 from OSNAP of the flow across each of the main boundaries in the eastern North Atlantic
- 86 subpolar gyre east of the Reykjanes Ridge and between the OSNAP line near 58°N and the

Iceland-Scotland Ridge. The order of the descriptions follows the general path of the gyre (Fig.
1), beginning with the North Atlantic Current entering from the south through the Iceland Basin,
over the Rockall Plateau and through the Rockall Trough (sections 2.1 – 2.3). We then discuss
the exchanges over the Iceland-Scotland Ridge (section 2.4), the outflows over the Reykjanes
Ridge in the west (section 2.5), and the flows exiting the Iceland Basin via the East Reykjanes
Ridge Current and Iceland Scotland Overflow Water in the southwest (section 2.6).

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94 2.1 Iceland Basin and the North Atlantic Current

Within the central and eastern Iceland Basin, the circulation is mostly distinguished by 95 96 the warmer waters of the North Atlantic Current entering from the south. These waters, along 97 with the northward flow over the Rockall Plateau and through the Rockall Trough to the east, are 98 recognized as the primary conduits of the upper AMOC in the North Atlantic subpolar gyre. 99 Previous studies of the North Atlantic Current in the Iceland Basin found that it is broad and highly variable with speeds of 2-30 cm s⁻¹ over a section hundreds of kilometers wide (Bower et 100 101 al., 2002; Rossby et al., 2000; van Aken & Becker, 1996; Knutsen et al., 2005; Fratantoni, 2001). 102 As an extension of the Gulf Stream, much of this flow constitutes some of the warmest and 103 saltiest (>35.1 psu) waters in the North Atlantic subpolar gyre (Sarafanov et al., 2012; Daniault 104 et al., 2016). Transport estimates in the Iceland Basin are complicated by significant eddy 105 activity in the region, with many of the eddies being viewed as quasi-stationary (Shoosmith et 106 al., 2005; Read & Pollard, 2001; Wade & Heywood, 2001; Chafik et al., 2014; Zhao et al., 2018; 107 Heywood et al., 1994). This eddy activity extends through much of the region, including from 108 the Hatton Bank to all parts of the interior basin deeper than 2000m. While many schematics 109 show idealized representations of the North Atlantic Current entering the basin, the broadness of

the flow combined with the eddy activity suggests that it is a much more complicatedphenomenon.

112 As a result of this broad, meandering flow, previous estimates of the transport of the 113 North Atlantic Current into the Iceland Basin have varied. Several studies in the 1990s found 114 that this transport was about 20-25 Sv (Bacon, 1997; Sv et al., 1992; van Aken & Becker, 1996; 115 Krauss, 1995). More recently, a publication from Lozier et al. (2019) suggests that the upper 116 AMOC transport ($\sigma_{\theta} < 27.66$ kg m⁻³) in the interior Iceland Basin is slightly less than 10 Sv, with 117 an additional ~6 Sv of northward transport along the Hatton Bank slope. Other recent studies 118 (Daniault et al., 2016; Mercier et al., 2015; Sarafanov et al., 2012) estimate that 16-20 Sv of the 119 upper AMOC ($\sigma_1 < 32.15$) flows into the Rockall Trough and Iceland Basin, with ~90% of the 120 transport flowing into the latter (Bower et al., 2019). These studies, along with other analyses 121 farther upstream near the Mid-Atlantic Ridge, found full top-to-bottom estimates of the North 122 Atlantic Current varying from 27 Sv to 50 Sv (Paillet & Mercier, 1997; Roessler et al., 2015; 123 Daniault et al., 2016) depending on the geographical constraints and definitions of the transport. 124 In this study we provide a new 4-year mean estimate of the North Atlantic Current in the Iceland 125 Basin to compare with previous results and to aid in the construction of mass and overturning 126 budgets.

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128 **2.2 Rockall Plateau**

129 The Rockall Plateau, also known as the Rockall-Hatton Plateau, is a ~500 km wide 130 portion of shallow topography in the northeast North Atlantic situated between the Iceland Basin 131 to the west and the Rockall Trough to the east. The main features of the Plateau include the 132 Hatton Bank to the northwest and the Rockall Bank to the southeast, with the Rockall-Hatton Basin in the middle separating the two features (Fig. 1). Most available North Atlantic Current
transport estimates combine the flows in this region with those in the Iceland Basin to produce
one total estimate. In many cases, this bulk transport value includes portions of the North
Atlantic Current flowing into the Rockall Trough to the east as well (Daniault et al., 2016;
Mercier et al., 2015; Sarafanov et al., 2012).

138 As part of the OSNAP program Houpert et al. (2018) presented a detailed analysis of the 139 mean transport over the Rockall Plateau from 16 glider sections between June 2014 and June 140 2016. Their study separated the transport into two northward flowing jets along the western 141 slopes of the Hatton Bank and the Rockall Bank (the Hatton Bank Jet and the Rockall Bank Jet, 142 respectively), and another topographically constrained southward recirculation feature between 143 the two jets over the eastern slope of the Hatton Bank. The two features in the east were found 144 to have relatively weak transports that tended to compensate for each other $(1.5 \pm 0.2 \text{ Sv})$ for the 145 Rockall Bank Jet and -1.5 ± 0.4 Sv for the southward recirculation), while the Hatton Bank Jet 146 was responsible for 5.1 ± 0.9 Sv of transport into the Iceland Basin. However, the Hatton Bank 147 transport estimate used in this study includes a westward extension that aligns with the eastern 148 edge of the North Atlantic Current region examined in this study; this reduces the Hatton Bank 149 transport estimate to 4.5 Sv due to the inclusion of a southward recirculation (as discussed in 150 Section 4.1). This amount is similar to the total inferred from the study by Lozier et al. (2019) of 151 ~ 4 Sv. Although the results from Houpert et al. (2018) are synoptic glider sections instead of 152 continuous time-series estimates, they provide the most detailed observations collected to date 153 across this region.

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155 2.3 Rockall Trough

156 The warmest and most saline waters of the North Atlantic subpolar gyre are found in the 157 surface waters of the Rockall Trough. Here the middle branch of the North Atlantic Current (Fig. 1) propagates waters of subtropical origin into the gyre as part of the upper limb of the 158 159 AMOC. These waters flow into the basin at two primary locations: a smaller buoyancy-driven 160 current in the east confined to the flank of the continental shelf at depths <1000 m, and a larger 161 flow in the basin's interior (Houpert et al., 2020). Studies from the Extended Ellett Line 162 program (Holliday et al., 2000; Holliday et al., 2015) found a net northward transport of 3-4 Sv 163 of the upper AMOC through the Rockall Trough using a mid-depth level of no motion. More 164 recently, results from the first continuous observations in the Rockall Trough from OSNAP have 165 found stronger net transports of 5.2 Sv (Lozier et al., 2019) from 21 months of data (2014-2016) 166 and 4.5 ± 0.8 Sv (Houpert et al., 2020) from 4 years of data (2014-2018). The latter study also 167 found notable seasonality with an increased transport of 6.3 Sy in October followed by a rapid 168 spin-down to 2.8 Sv in January associated with a diversion of the North Atlantic Current from 169 the Rockall Trough entrance to the west of the Rockall Bank. This study will use the 4.5 ± 0.8 170 Sv value from Houpert et al. (2020) for the best estimate of transport through the Rockall Trough 171 because it is derived from the longest continuous time series in the basin.

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173 2.4 Iceland-Scotland Ridge

The Iceland-Scotland Ridge has been a location of great interest and detailed study for decades. Here the warm, salty waters from the North Atlantic Current flow northward over the ridge to the Norwegian Sea where they cool and sink. Much of this water then overflows back across the ridge in the form of Norwegian Sea Deep Water and Norwegian Sea Arctic Intermediate Water (Beaird et al., 2013). This diapycnal water transformation plays a critical 179 role in the AMOC because this process creates the source waters for lower North Atlantic Deep180 Water.

181 The Faroe Islands divide the Iceland-Scotland Ridge into two sections, with the longer 182 portion to the west between the Faroe Islands and Iceland. Significant temporal and spatial 183 variations in transport over this broad section of the ridge, along with vulnerabilities to 184 oceanographic equipment due to frequent fishing operations, have made long term studies of 185 exchanges in this region challenging (Østerhus et al., 2019; Perkins et al., 1998; Rossby et al., 186 2009; Rossby et al., 2018). However, the Atlantic-origin waters that move northward across the 187 ridge quickly condense into a narrow eastward-flowing boundary current along the northern 188 slope of the Faroe Islands which presents a more accessible location to monitor. Here, regular 189 hydrographic surveys and moored Acoustic Doppler Current Profilers (ADCPs) have been 190 deployed since the late 1980s and a recent analysis has combined this data with altimetry to 191 create a robust multi-decadal time series (Hansen et al., 2015). From this analysis, Hansen et al. 192 (2015) inferred a mean transport of 3.8 ± 0.5 Sv of Atlantic waters across the ridge defined by a 193 combination of the 4°C isotherm and the 35.00 psu isohaline. We will use this transport value 194 for our estimate of flow into the Norwegian Sea between Iceland and the Faroe Islands. 195 Despite the perennial interest in the exchanges over the Iceland-Scotland Ridge, finding a 196 consistent transport estimate of the deep overflow waters between Iceland and the Faroe Islands

197 has been elusive due to the intermittent nature of this flow and the large spatial scale of the ridge

198 (>300 km). Several analyses have concluded that \sim 1 Sv of overflow water crosses the ridge

199 southward into the Iceland Basin, though none of these estimates use continuous time-series

200 observations along the entire ridge (Beaird et al., 2013; Perkins et al., 1998; Hermann, 1967).

201 Instead, studies have mostly focused on two locations near the two ends of the ridge where most

202 of the overflow is believed to cross (Rossby et al., 2009; Hansen et al., 2018). The location in 203 the west near Iceland – known as the Western Valley – has historically been thought to carry the 204 strongest transport (Perkins et al., 1998; Voet, 2010; Olsen et al., 2016), although recent direct 205 measurements there using a moored ADCP and two bottom temperature loggers found only 0.02 206 ± 0.05 Sv over a 278 day period (Hansen et al., 2018). The other location of focus, at the deepest 207 part of the ridge crest near the Faroe Islands, contributes intermittently to the overflow (Østerhus 208 et al., 2008; Beaird et al., 2013) and a three-year glider survey from Beaird et al. (2013) found a 209 transport of 0.3 ± 0.3 Sv through this part of the ridge. Therefore, these newest observations led 210 Østerhus et al. (2019) to conclude that the total overflow transport between Iceland and the Faroe 211 Islands is only 0.4 ± 0.3 Sv, and we will use this value as our estimate of the overflow transport 212 across the Iceland-Faroes Ridge.

213 To the east of the Faroe Islands additional North Atlantic Current water flows northward 214 into the Norwegian Sea while Norwegian overflow waters pass southward beneath it through the 215 Faroe Shetland Channel. Over the past few decades, studies of the surface-intensified North 216 Atlantic water have found approximately 3-4 Sv of northward transport in this region (Turrell et 217 al., 1999; Hughes et al., 2006; Sherwin et al., 2008). However, many of these values were from 218 short-term or synoptic studies. More recently, Berx et al. (2013) used *in situ* and long-term 219 altimetry observations (1993-2011) to conclude that the transport was slightly lower (2.7 ± 0.5 220 Sv). Østerhus et al. (2019) extended the analysis by a few more years (through 2015) and found 221 the same estimate, so we will use this value for our transport of North Atlantic Current waters 222 into the Norwegian Sea between the Faroe Islands and the European continent. 223 Most of the overflow waters passing through the Faroe Shetland Channel continue to the

Faroe Bank Channel where they enter westward into the deep Iceland Basin. The most

225 comprehensive study of the Faroe Bank Channel overflow is from Hansen et al. (2016), who 226 found 2.2 ± 0.2 Sv of overflow water transport from nearly two decades (November 1995 to May 227 2015) of continuous moored ADCP measurements. Additional overflow water from the Faroe 228 Shetland Channel has been found to intermittently flow across the Wyville Thomson Ridge just 229 upstream of the Faroe Bank Channel (Sherwin et al., 2008; Johnson et al., 2017). Previous 230 studies at this location have reported transports ranging from 0.1-0.3 Sv (Hansen & Østerhus, 231 2000; Sherwin et al., 2008), with the most recent estimate finding 0.2 ± 0.1 Sv from over 5 years 232 of monthly averages (Østerhus et al., 2019). Together with the overflow through Faroe Bank 233 Channel, this yields a value of 2.4 ± 0.2 Sv for the overflow from the Faroe Shetland Channel 234 that passes into the Iceland and Rockall Basins.

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236 2.5 Reykjanes Ridge

237 The Reykjanes Ridge bounds the Iceland Basin on the west and is the approximate 238 dividing line between the southward flowing East Reykjanes Ridge Current in the western 239 Iceland Basin and the northward flowing Irminger Current in the Irminger Basin. As part of the 240 cyclonic flow around the North Atlantic subpolar gyre, waters from the East Reykjanes Ridge 241 Current flow across the Reykjanes Ridge to partly feed the Irminger Current. The region along 242 the Reykjanes Ridge crest to the north of the OSNAP line (near 59°N) is one of the least studied 243 sections discussed in this paper. Volume conserving box models (Treguier et al., 2005; 244 Lherminier et al., 2010; Sarafanov et al., 2012) have estimated transports across the ridge in the 245 range of 9-15 Sv, while a study of shipboard ADCP data repeatedly crossing over the Reykjanes 246 Ridge (Chafik et al., 2014) has suggested that the transport is minimal. Petit et al. (2019) 247 reported the first direct estimates of transport over the ridge at these latitudes from hydrographic

248 stations referenced to shipboard ADCP data, finding a westward geostrophic transport north of 249 the OSNAP line of 13.8 ± 0.7 Sv. Koman et al. (2020) used the Roemmich-Gilson Argo 250 climatology (Roemmich & Gilson, 2009) referenced to absolute mean sea level from multi-251 mission satellite altimeter data to estimate the longer-term mean flow across the ridge for the 252 period from 2004 to 2016. They found a weaker transport over the ridge $(6.8 \pm 2.2 \text{ Sv})$ upstream 253 of the OSNAP line, with most of it occurring within 100 km of the line as the East Reykjanes 254 Ridge Current begins to turn westward into the Irminger Basin. 255 Each of these observational estimates have their shortcomings. While Petit et al.'s (2019) 256 transport estimate is highly accurate, it is from a single synoptic study in a region of high 257 temporal variability (Sarafanov et al., 2012, Koman et al., 2020). The estimates from Koman et 258 al. (2020) are a time-mean calculation but using altimetry as a reference velocity may not fully

resolve finer mesoscale features near topography, potentially resulting in an underestimate of

velocity (Chafik et al., 2014; Pujol et al., 2016; Houpert et al., 2020; Koman et al., 2020).

261 Koman et al. (2020) also analyzed three OSNAP cruise sections along the Reykjanes Ridge and

found that those synoptic realizations of the flow over the ridge varied widely (their Fig. 10).

263 This suggests that, despite the shortcomings of altimetry, a mean transport is likely to be the best

estimate. Therefore, the transport budget in this study will use the 6.8 ± 2.2 Sv value from

Koman et al. (2020), with the caveat that biases in the altimetry data could possibly lead to an underestimate of the true transport.

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268 **2.6 East Reykjanes Ridge Current and Iceland Scotland Overflow Water**

269 Two currents flow southward along the eastern flank of the Reykjanes Ridge: the East
270 Reykjanes Ridge Current and the Deep Western Boundary Current carrying dense waters from

the Iceland Scotland Overflow plume. The East Reykjanes Ridge Current is a nearly barotropic
flow trapped close to the crest of the Reykjanes Ridge while the Iceland Scotland overflow
plume is a bottom-intensified flow extending from the upper RR slope to the edge of the deep
Iceland Basin (Koman et al., 2020; Johns et al, 2021).

275 The surface waters of the East Reykjanes Ridge Current consist of Subpolar Mode Water 276 formed from the recirculation of the portion of the North Atlantic Current that remains in the 277 Iceland Basin instead of crossing the Iceland-Scotland Ridge (Brambilla & Talley, 2008; Koman 278 et al., 2020). The deepest waters of the quasi-barotropic East Reykjanes Ridge Current originate 279 from modified Iceland Scotland Overflow water - commonly referred to as Icelandic Slope 280 Water - that forms along the Iceland-Scotland Ridge (Koman et al., 2020; Beaird et al., 2013). 281 At intermediate depths, modified Labrador Sea Water mixes into the East Reykjanes Ridge 282 Current which creates a salinity minimum at a potential temperature near 3.7 - 4.0 °C at a depth 283 of ~1400 m (Koman et al., 2020). Estimates of the transport of the East Reykjanes Ridge 284 Current have only recently been established, and in fact this current was first named in 2005 285 (Treguier et al., 2005).

286 Some of the first estimates of the East Reykjanes Ridge Current's transport came from 287 the Observatory of Interannual and Decadal Variability in the North Atlantic project (OVIDE) 288 which found a mean transport of 8.9 Sv for water above the $\sigma_{\theta} = 27.8$ isopycnal from repeat 289 hydrographic sections near 59°N (Daniault et al., 2016). At this same location, Petit et al. (2019) 290 found a transport of 10.6 Sv from a synoptic hydrographic study in the summer of 2015. The 291 most recent estimate (Koman et al., 2020) found a time-mean transport of 11.7 ± 0.5 Sv from a 292 4-year mooring time series from the OSNAP program using current meters, temperature-salinity 293 sensors and ADCPs. Given that the East Reykjanes Ridge Current has high temporal variability

294 (Koman et al., 2020), the continuous multiyear transport calculation from Koman et al. (2020) 295 will be considered the best estimate of this flow and used in the transport budget in this study. 296 Norwegian Sea Deep Water flows into the Iceland Basin primarily through the Faroe 297 Bank Channel with additional contributions over the sill between Iceland and the Faroe Islands 298 (Beaird et al., 2013). These are the headwaters of North Atlantic Deep Water and a conduit of 299 the lower limb of the AMOC. Previous studies have found that this water descends at a rate of 300 ~3 Sv into the Iceland Basin (Saunders, 1996; Hansen & Østerhus, 2007; Olson et al., 2008) 301 where it may experience a <1 Sv increase in transport from entrainment as it becomes Iceland 302 Scotland Overflow Water (Saunders, 1996; Kanzow & Zenk, 2014). Iceland Scotland Overflow 303 Water then moves southward in the western Iceland Basin (Hansen & Østerhus, 2000; Beaird et 304 al., 2013; Harvey & Theodorou 1986; Saunders 1996; Fogelqvist et al. 2003) beneath the East 305 Reykjanes Ridge Current before mostly exiting at the Charlie Gibbs Fracture Zone, where 306 estimates have found ~2 Sv crossing into the Irminger Basin (Bower & Furey, 2017; Saunders, 307 1994; Xu et al., 2010). Some additional leakage of Iceland Scotland Overflow Water through 308 other Reykjanes Ridge fracture zones farther upstream also appears to take place (Quadfasel & 309 Käse, 2007; Saunders, 1994; Xu et al., 2010; Bower & Furey, 2017). However, a recent study 310 (Johns et al., 2021) has found a substantially larger southward transport of Iceland Scotland 311 Overflow Water in the Iceland Basin $(5.3 \pm 0.4 \text{ Sv})$ based on a 4-year record from moored 312 current meters and temperature/salinity recorders as part of the OSNAP program. Given that this 313 is the longest continuous time series of Iceland Scotland Overflow Water on record, and that it is 314 measured directly at the site of this study, our transport budget will use this value as the most 315 updated estimate of Iceland Scotland Overflow Water transport at the OSNAP line. 316

318 **3. Data and Methods**

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320 **3.1 OSNAP Moorings in the Iceland Basin**

321 The OSNAP array extends from Canada across the Labrador Basin to Greenland, and 322 from Greenland across the Irminger and Iceland basins to Scotland (Fig. 1). The array in the 323 Iceland Basin is arranged to capture the broad inflow from the North Atlantic Current (Fig. 2). 324 The U.S.-supported (University of Miami) array in this area consists of dynamic height moorings 325 M2, M3 and M4 that provide spatially-integrated geostrophic estimates of the North Atlantic 326 Current flowing into the region. Temperature and salinity (T/S) recorders, current meters and 327 ADCPs on these moorings have provided continuous data in three separate deployments for the period from July 2014 to July 2018. 328



329 330

Figure 2: Southern view of the OSNAP moorings used in this study in the Iceland Basin near

- 331 58°N. Colored contours show salinity (psu) from a section of CTD stations from the summer 322 6201(c) black contours lines are signed to the surfaces (to m^{-3})
- 332 of 2016; black contour lines are sigma-theta surfaces (kg m^{-3}).
- 333

334 To derive estimates of the North Atlantic Current's transport and vertical structure, the 335 OSNAP data is initially passed through a 40-hour low pass filter to remove sub-inertial 336 variability associated with internal/inertial waves and tides. Shape-preserving splines are then 337 used to interpolate between T/S recorders to give full depth property profiles at the moorings to 338 within 50 m of the surface (the shallowest measurement level of each mooring). To extend these profiles to the surface, the 50 m temperature readings are compared to 1/20th degree satellite-339 340 derived sea surface temperature data from the Group for High Resolution Sea Surface 341 Temperature (GHRSST) that is interpolated to the location of the mooring site. This data is 342 produced by the Jet Propulsion Laboratory and obtained through the Asia-Pacific Data Research 343 Center. If GHRSST is warmer than the 50 m temperature, GHRSST is used as the surface 344 temperature point in the vertical spline interpolation; otherwise the 50 m temperatures are 345 extended to the surface. The latter scenario only occurs when a deep mixed layer is present but 346 yields much more accurate results based on an analysis comparing Argo surface temperatures to 347 50 m Argo temperatures and GHRSST. Lacking any more accurate estimate of surface salinity, 348 measured salinity values at 50 m were duplicated to the surface. Using these full depth T/S 349 profiles, the horizontally averaged geostrophic velocity profile is calculated between the 350 moorings and expressed as a transport-per-unit-depth profile between them. These profiles are 351 then integrated upwards from the $\sigma_{\theta} = 27.8$ kg m⁻³ isopycnal to give the baroclinic geostrophic 352 transport relative to the surface. Transport below 27.8 kg m⁻³ is considered to be Iceland 353 Scotland Overflow Water (Dickson & Brown, 1994; Saunders, 1996) and is not included in our 354 derived transport estimates for the North Atlantic Current. The relative geostrophic transport is 355 then referenced to the horizontally averaged surface velocity measured from altimetry between

356 the moorings to create an absolute estimate of the transport-per-unit-depth profile and to 357 calculate the total transport between moorings.

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3.2 CMEMS All-Satellite Altimetry

360 The Copernicus Marine Environmental Monitoring Service (CMEMS) absolute sea level 361 product comes from multi-mission altimeter satellites and is processed to a ¹/₄ degree gridded sea 362 surface height computed with respect to its twenty-year mean since 1992. The absolute dynamic 363 topography derived from this product is used to calculate surface reference velocities between 364 moorings M2, M3 and M4 to produce an estimate of the absolute geostrophic transport between 365 the moorings. This daily product is interpolated to hourly data as an integrated transport-per-366 unit-depth at the sea surface $(m^2 s^{-1})$, which is then added to the baroclinic geostrophic transport 367 profile between moorings. Vertical integration of this profile then leads to an altimetry-368 referenced estimate of absolute transport.

369

370 3.3 Argo Data

371 Argo profile data is taken from the Roemmich-Gilson Argo climatology, which is 372 produced and distributed by the Scripps Institution of Oceanography. This product contains 373 temperature and salinity data at 58 different pressure levels and has global coverage of 1/6 degree 374 resolution (Roemmich & Gilson, 2009). This product is based on data from 1998-2018 and is 375 used to resolve the depth-dependent spatial distribution of velocities and mean water mass 376 properties of the North Atlantic Current.

377 Argo displacement drift data, which is used to calculate velocities at the 1000 m parking 378 level based on the displacement of Argo floats between diving cycles (Lebedev et al. 2007), is

used as a reference velocity for the baroclinic shear created from the Roemmich-Gilson data.
This data is also used as an alternative (time mean) reference velocity for the relative transports
from the mooring data. This ¹/₄ degree mean product includes data from 1997 to 2016 and is
made available through the Asia-Pacific Data-Research Center (APDRC). The Argo-derived
baroclinic shear is interpolated to ¹/₄ degree and referenced to the 1000 m Argo drift displacement
data to resolve Argo-based mean velocities throughout the upper 2000 m water column (Bilo &
Johns, 2019; Bilo, 2019).

386

387 3.4 OSNAP Analysis

An integrated analysis of all OSNAP observations across the full trans-basin array, as described in Li et al. (2017) and Lozier et al. (2019), is used in this paper to compare with the individual results from each section. In addition to the OSNAP data, this analysis incorporates available Argo and altimetry data, and applies an overall mass balance across the array to further constrain the flow. Details of this procedure, which we refer to hereafter to as the "OSNAP analysis," can be found in Li et al. (2017).

4. Results and Discussion

397

398 4.1 North Atlantic Current in the Iceland Basin

399 The four-year time series of the North Atlantic Current transport between moorings M2 400 and M4 are displayed in Figure 3a. These time series are calculated by determining the relative 401 geostrophic transport from the three dynamic height moorings in the Iceland Basin (M2-M4) and 402 referencing it to both 1000 m Argo drift data (red) and surface altimetry (blue) to determine the 403 absolute geostrophic transport. The altimetry derived mean transport $(13.2 \pm 1.2 \text{ Sv})$ and the 404 Argo derived mean transport $(14.0 \pm 0.9 \text{ Sv})$ are in good agreement, although the altimetry 405 derived transport shows much more variability due to the Argo reference being a single mean 406 transport value. Therefore, the variability in the Argo transport time series represents only the 407 variability of the baroclinic transport relative to the Argo drift depth, which is relatively stable 408 with a standard deviation of only 2.8 Sv. This results in the altimetry being responsible for the 409 majority of the variability in the altimetry-referenced transport, which has a much larger standard 410 deviation of 7.3 Sv. Standard errors (henceforth the uncertainties associated with all transport 411 means) for the altimetry-derived transports are calculated using the integral time scales from the 412 combined time series data and, for the Argo-derived transports, by summing the standard errors 413 provided by the 1000 m gridded Argo drift data with the standard errors from the mooring data. 414 The transport across the M2-M4 section that lies within the upper limb of the AMOC as defined 415 by Lozier et al. (2019) (i.e., waters with $\sigma_{\theta} < 27.66$ kg m⁻³) is 9.0 ± 0.8 Sv from altimetry 416 reference and 9.2 ± 0.6 Sv from Argo reference, which matches well with Lozier et al.'s (2019) 417 estimate of nearly 10 Sv.





420 27.8 kg m⁻³) in the Iceland Basin from 4 years of OSNAP data. Figure 3a shows the total

- 421 transport time series between moorings M2 and M4 using dynamic height moorings
- 422 referenced to altimetry (blue) and mean 1000 m Argo drift velocity (red), while Figure 3b
- 423 shows the altimetry-referenced transports separated by mooring sections (M2-M3 in black and
- 424 *M3-M4 in green). Positive values represent the prevailing direction of the North Atlantic*
- 425 Current to the north. Figure 3a has a mean northward altimetry-referenced transport of 13.2
- 426 Sv, with a standard deviation of 7.3 Sv and a standard error of 1.2 Sv, while the mean Argo-
- 427 referenced transport has a mean of 14.0 Sv, with a standard deviation of 2.8 Sv and a standard
- 428 error of 0.9 Sv. Figure 3b has a mean northward transport between moorings M2-M3 of 5.1
- 429 Sv, with a standard deviation of 6.7 Sv and a standard error of 0.9 Sv, while the mean
- 430 transport between M3-M4 is 8.2 Sv, with a standard deviation of 7.8 Sv and a standard error
- 431 *of 1.2 Sv.*
- 432

433 There is a notable positive trend in the baroclinic transport of 0.77 ± 0.30 Sv/year, though 434 the overall altimetry referenced transport has a trend of only 0.07 ± 0.72 Sv/year. The trend in 435 the baroclinic transport is significant and indicates a steepening of the shear in the mean velocity 436 profile over the 2014-2018 period. This is observed in Figure 4a which displays the yearly mean 437 velocity profiles between moorings M2 and M4 for each of the measurement years (averaged 438 from summer to summer). The minimal trend seen in the altimetry-referenced transport (Fig. 439 3a), despite the increasing baroclinic transport, can be explained by the strengthening trend of the 440 surface velocity over time being countered by a general weakening of the flow at depth. The total transport ($\sigma_{\theta} < 27.8 \text{ kg m}^{-3}$) decreases over the first three years (13.9 Sv, 13.1 Sv, 11.4 Sv, 441 442 respectively) before a strong increase in surface intensified flow results in a stronger transport in 443 the fourth year of observations (14.6 Sv), yielding the slightly positive (but insignificant) overall 444 trend.

445 The altimetry-referenced transports for the regions between moorings M2-M3 and M3-446 M4 individually (Fig 3b) show a range of variability that is slightly more pronounced than the 447 variability across the entire M2-M4 section. Here we can see that extreme transport events in 448 one section are often offset by the other section and actually temper the variability in the overall 449 transport (e.g. May 2015, August 2015, December 2017, etc.). This leads the M3-M4 section to 450 have a standard deviation (7.8 Sv) that is slightly greater than the standard deviation for the 451 entire North Atlantic Current transport between M2 and M4 (7.3 Sv) despite its mean transport 452 being ~60% of the total (8.2 of 13.2 Sv). These offsetting transports result in a strong negative 453 correlation between the M2-M3 and M3-M4 sections (-0.78), which we believe is due to 454 westward propagating eddies in the central Iceland Basin and/or zonal meandering of the North 455 Atlantic Current across the M3 mooring, as described further below.





457 Figure 4: (a) Yearly averaged (summer to summer) velocity profiles between M2 and M4 for

458 the top 1700 m, and (b) four-year averaged full-depth profiles between moorings M2 and M3

459 and moorings M3 and M4), referenced to altimetry (solid lines) or Argo (dashed lines). Solid

460 dots indicate the lightest isopycnal of Iceland Scotland Overflow Water ($\sigma_{\theta} = 27.8 \text{ kg m}^{-3}$) and

461 asterisks mark the isopycnal of the maximum overturning in the streamfunction ($\sigma_{\theta} = 27.56 \text{ kg}$

462 *m*⁻³) along the OSNAP line east of Greenland.

463 The mean velocity profiles between moorings M2 and M3 and moorings M3 and M4 464 illustrate the spatial differences between the two mooring sections (Fig. 4b). Both profiles are strongly sheared in the top 1000 m as the surface-intensified northward-flowing North Atlantic 465 466 Current crosses the OSNAP line, with the more pronounced shear located between moorings M3 467 and M4. At depth between moorings M2 and M3, the $\sigma_{\theta} = 27.8$ kg m⁻³ isopycnal is located at a 468 level of no motion separating the northward flowing waters of the North Atlantic Current from 469 the southward flowing Iceland Scotland Overflow Water (Johns et al., 2021). Between M3 and 470 M4 the northward flow extends to the bottom, which suggests that some of the Iceland Scotland 471 Overflow Water recirculates northward back into the eastern part of the Iceland Basin. At mid-472 depth, we observe weak northward flow in both mooring sections.

473 Cross-sectional profiles from Argo (Fig. 5) give a more highly resolved view of the 474 spatial structure of the time-mean velocity field across the M2-M4 domain, as well as the 475 associated water mass properties. The velocity cross-section (Fig. 5a) shows a main branch of 476 the North Atlantic Current entering the basin just to the east of mooring M3 near 23.5°W with an 477 additional narrow branch near 26°W. According to Argo, the narrow branch has a more barotropic structure with mean velocities of 0.03-0.045 m s⁻¹ extending through the entire 2000 478 479 m water column, while the main branch to the east is much more baroclinic with a maximum 480 mean velocity of 0.14 m s⁻¹ near the surface. Cross-sections of temperature (Fig. 5b) and salinity 481 (Fig. 5c) reveal that the larger North Atlantic Current branch is saltier and warmer in the top 500 482 m, and marks the main front between the warm salty waters of subtropical origin to the east and 483 the cooler fresher subpolar waters in the western part of the Iceland Basin. However, both the 484 narrower western branch and the western part of the velocity core of the main branch contain 485 relatively fresh waters (<35.15 psu) that suggest an origin more from recirculated subpolar gyre

486 water than subtropical waters from the Gulf Stream extension. Surface vector plots (not shown; 487 see Koman et al., 2020; their Fig. 8) indicate that the narrow western branch recirculates 488 westward into the East Reykjanes Ridge Current near 59°N while the majority of the main 489 branch continues to the northern end of the Iceland Basin. This is consistent with general 490 circulation patterns in the area from previous research (Bower et al., 2002). Koman et al. (2020) 491 also show that some of the waters from both branches recirculate southward back across the 492 OSNAP line at 58°N. This can be viewed at both ends of the velocity cross-section near 493 mooring M2 in the west and mooring M4 in the east (Fig. 5a). The recirculation off the main 494 branch near M4 is particularly strong and appears to be the result of a known quasi-stationary 495 anticyclonic eddy (Martin et al., 1998) near 22°W with mean velocities greater than 0.05 m s⁻¹. 496 To evaluate the consistency between the two reference velocities used in this study, we 497 compared their surface velocities by extending the 1000 m Argo drift data to the surface using 498 the mean geostrophic shear from the Argo climatology (Fig. 6). These velocities compare 499 remarkably well in intensity and spatial distribution given the differences in data sources. Both 500 estimates show very little flow near mooring M2, but gradually increase to a maximum velocity of ~0.14-0.15 m s⁻¹ as they reach the main branch of the North Atlantic Current to the east of 501 502 M3. Both estimates also indicate the weaker secondary branch of the North Atlantic Current 503 with a maximum velocity of greater than 0.04 m s⁻¹ to the west of mooring M3. The altimetry 504 data suggests that this secondary flow is broader than seen in the Argo data, which could be due 505 in part to spatial smoothing inherent in the gridded altimetry data. Finally, both velocities agree on a rapid reduction and then a reversal of velocity at the eastern end of the section in association 506 507 with the quasi-permanent anticyclonic eddy centered just west of mooring M4.





- 511 from mean Argo data between moorings M2, M3 and M4 from west to east. Moorings are
- 512 marked by thick dashed vertical lines. Solid lines indicate the lightest isopycnal of Iceland
- 513 Scotland Overflow Water ($\sigma_{\theta} = 27.8 \text{ kg m}^{-3}$) and the isopyncal of maximum overturning in the
- 514 streamfunction ($\sigma_{\theta} = 27.56 \text{ kg m}^{-3}$) along the OSNAP line east of Greenland. Velocity
- 515 contours are shown by dotted lines in 0.05 m s⁻¹ increments (b, c).





Figure 6: Mean surface velocities from Argo (black) and altimetry (blue) between moorings
M2, M3 and M4 from west to east. Mooring locations are marked by dashed vertical lines and
distances are referenced to mooring M2.

A Hovmöller diagram of surface geostrophic velocities inferred from four years of 521 522 altimetry data (Fig. 7) reveals the time-varying velocity changes across the M2-M4 mooring 523 section. It shows clearly the persistent surface flow of the main branch of the North Atlantic 524 Current to the east of mooring M3, which has some variability both spatially and in its intensity. 525 While the velocities in the western branch are slower overall, they are more variable in strength 526 and can often have speeds comparable to the main core. This appears to be the result of 527 southward flow from westward propagating anomalies (e.g., eddies) splitting the main core and 528 shifting much of it to the west of mooring M3. The Hovmöller plot reveals these westward 529 propagating anomalies with some of them extending across nearly the entire section (e.g. August 530 – December 2017). In some cases these anomalies are immediately preceded or followed by 531 velocities in the opposite direction, indicating eddies. In other cases, they appear to be meanders 532 of part of the primary branch of the North Atlantic Current and are eventually followed by an

eastward translation back to its original position (e.g. November 2017 – March 2018). These
features can also be seen in the variations of transport between mooring sections (Fig. 3b). This
passage of eddies and lateral shifts of the main NAC branch across mooring M3 explain the large
negative correlation in transport observed between the M2-M3 and M3-M4 mooring sections (0.78) seen in Figure 3b.





540 OSNAP moorings M2, M3 and M4 over a four-year period (July 2014 - July 2018), with

541 mooring locations denoted by vertical black dashed lines. Positive values are in the prevailing

542 direction of the North Atlantic Current to the north and distances are referenced to mooring

543 M2. Four year mean velocities from altimetry as seen in Figure 6 are indicated with standard

544 errors (top).

545 4.2 Eastern Subpolar Gyre Mass and Overturning Budgets

546 With these new estimates of the North Atlantic Current, we can construct a mass budget 547 for the portion of the subpolar gyre between the Reykjanes Ridge in the west, the European 548 continent in the east, the OSNAP line in the south, and the Iceland-Scotland Ridge in the north 549 (Fig. 8). This budget is constructed from the transports across the bounding oceanic sections 550 according to the results of this study and the related OSNAP and historical studies described in 551 Section 2 (Table 1). To put our estimates in the context of overturning changes in the region, we 552 divide the transports across each of these sections into three density layers separated by two isopycnals: $\sigma_{\theta} = 27.56 \text{ kg m}^{-3}$, which is the isopycnal of maximum overturning in the 553 554 streamfunction along the OSNAP mooring line between Greenland and Scotland (Li et al., 555 2021), and $\sigma_{\theta} = 27.8 \text{ kg m}^{-3}$, which is the isopycnal separating intermediate subpolar gyre waters 556 from the denser waters originating from the Norwegian Sea overflows. The upper density layer 557 therefore contains waters that contribute to the net northward transport of the upper AMOC limb 558 through the Greenland-Scotland OSNAP section, while the bottom two layers, in aggregate, 559 carry the net southward transport of the AMOC's lower limb. In what follows, we describe the 560 transports within each of these layers for the different sections and use the results to produce 561 estimates of the diapycnal transport occurring between layers (i.e. overturning) within this broad 562 northeastern subpolar domain.

First, the altimetry-referenced North Atlantic Current transport estimate found in this paper between moorings M2 and M4 of 13.2 Sv ($\sigma_{\theta} < 27.8 \text{ kg m}^{-3}$) – which we are using instead of the Argo-referenced transport due to the greater sample size of the altimetry data – is divided into the upper and intermediate layers. The same is done for the other inflow regions along the OSNAP line using data from recent studies over the Rockall Plateau (4.5 Sv; Houpert et al.,

568	2018) and through the Rockall Trough (4.5 Sv; Houpert et al., 2020). The outflow over the
569	Reykjanes Ridge (6.8 ± 1.3 Sv) and through the East Reykjanes Ridge Current (11.7 ± 0.5 Sv)
570	are separated into the upper and intermediate layers using the results from the recent study by
571	Koman et al. (2020). Values of the transport in the Iceland Scotland Overflow Water layer ($\sigma_{\theta} >$
572	27.8 kg m ⁻³) across the entire Iceland Basin (5.3 \pm 0.3 Sv) are taken from Johns et al. (2021).
573	Unless otherwise noted, the uncertainties in the transports for each of the sections shown in
574	Table 1 are either from the referenced publications or calculated for this study using the methods
575	described in each publication.
576	Transports over the Iceland-Scotland Ridge are estimated from the results of Østerhus et
577	al. (2019), Hansen et al. (2015), Hansen et al. (2016) and Berx et al. (2013), as discussed in
578	Section 2. Østerhus et al. (2019) and Hansen et al. (2016) provide estimates of the overflow
579	transport in the bottom layer (σ_{θ} > 27.8 kg m^-3) to the west and east of the Faroe Islands (0.4 \pm
580	0.3 Sv and 2.4 \pm 0.2 Sv, respectively). However, there are no publications that separate the
581	northward transport across the ridge into our upper and intermediate layers. This leaves us to
582	determine those transports as best we can from available results. For the northward flow
583	between Iceland and the Faroe Islands, Hansen et al. (2015) inferred a mean transport of 3.8 \pm
584	0.5 Sv of Atlantic waters crossing the ridge ($\sigma_{\theta} < 27.8$ kg m ⁻³). Using a table of transport by
585	isotherms and isohalines from their analysis (see Table 2 from Hansen et al., 2015), we estimate
586	that 3.0 \pm 0.7 Sv of this total transport contributes to the upper limb of the subpolar AMOC ($\sigma_{\theta} <$
587	27.56 kg m ⁻³), while 0.8 \pm 0.3 Sv is in the intermediate layer (27.56 kg m ⁻³ < σ_{θ} < 27.8 kg m ⁻³).
588	To assign the respective error estimates on these values, we proportionally distributed the total
589	transport error from Hansen et al. (2015) and included an additional error to account for
590	uncertainties in our interpretation of the transport distribution. For the near-surface transport

591 between the Faroe Islands and Scotland, both Berx et al. (2013) and Østerhus et al. (2019) 592 concluded that 2.7 ± 0.5 Sv flows northward into the Norwegian Sea. To determine this 593 estimate, these studies used the net transport of all waters above the 5°C isotherm and found that 594 the maximum northward velocity was concentrated along the upper eastern continental slope 595 near Scotland. While the North Atlantic waters near the 5°C isotherm are below the isopycnal 596 we are using to distinguish upper limb waters in this study, the steep temperature and salinity 597 gradients between the upper limb waters and the overflow waters in this region make any transport in our intermediate density layer (27.56 kg m⁻³ $< \sigma_{\theta} < 27.8$ kg m⁻³) minimal (see Fig. 4 598 599 from Berx et al., 2013). Therefore, this study will consider all 2.7 Sv of the northward transport 600 between the Faroe Islands and Scotland as upper limb water ($\sigma_{\theta} < 27.56$ kg m⁻³).



601

602 Figure 8: Schematic of transport estimates (± std. error) by density layers determined by recent

603 studies in the eastern North Atlantic subpolar gyre along the OSNAP line in the south, the

604 *Reykjanes Ridge in the west, and the Iceland-Scotland Ridge in the north. An additional* 605 *section to evaluate the transport in the top two density layers through the middle of the Iceland*

605 section to evaluate the transport in the top two density layers inrough the midale of the feeland 606 Basin from Argo climatology is included. Estimates in parenthesis over the Rockall Plateau

- 607 are from the OSNAP analysis. All values in Sv. Schematic is meant for visual purposes and
- 608 may not represent the exact geographical endpoints of each section, as described in Table 1.

Transport Estimatos	Upper Layer	Intermediate Layer	Bottom Layer
I ransport Estimates	$(\sigma_{\theta} < 27.56 \text{ kg m}^{-3})$	$(27.8 > \sigma_{\theta} > 27.56)$	$(\sigma_{\theta} > 27.8 \text{ kg m}^{-3})$
Interior Iceland Basin NAC (21.1-28.0°W) and ISOW (21.1- 24.4°W)	7.5 ± 0.7	5.7 ± 1.1	0.7 ± 0.3
Rockall Plateau (13.9- 21.1°W) (Houpert et al., 2018)	3.8 ± 0.4	0.7 ± 0.1	0.0
Rockall Plateau (13.9- 21.1°W) (OSNAP estimate)	7.2 ± 0.3	1.2 ± 0.1	0.0
Rockall Trough (8.8- 13.9°W)	4.7 ± 0.7	-0.2 ± 0.2	0.0
Iceland-Scotland Ridge east of Faroe Islands (2.8-6.0°W)	-2.7 ± 0.5	0.0	2.4 ± 0.2
Iceland-Scotland Ridge west of Faroe Islands (7.9-13.7°W)	-3.0 ± 0.7	-0.8 ± 0.3	0.4 ± 0.3
Reykjanes Ridge (58.9- 62.5°N)	-3.8 ± 0.8	-3.0 ± 1.0	0.0
ERRC (28.0-31.3°W) and ISOW (24.4- 30.5°W)	-3.1 ± 0.3	-8.7 ± 0.6	-6.0 ± 0.3

Table 1: Transport estimates (± std. error) for the bounding sections of the region evaluated in
this study, as displayed in Figure 8. Positive transports are inflow into the region and negative
values are outflow. All values in Sv. Acronyms: North Atlantic Current (NAC); Iceland
Scotland Overflow Water (ISOW); East Reykjanes Ridge Current (ERRC).

613 614

Summing these estimates into net inflow into the domain and net outflow from the

domain results in an imbalance of 5.4 Sv, with less transport in the input $(25.9 \pm 1.6 \text{ Sv})$ than the

616 output (31.3 ± 1.7 Sv). The above uncertainties represent standard error propagation in which all

617 of the individual transport errors are assumed to be random and could be an underestimate of the

- total uncertainty if some of the transport errors are correlated. If we consider the sum of the
- 619 individual errors at each section, the discrepancy of 5.4 Sv is within the overlapping uncertainties
- 620 of the inflow (3.8 Sv) and outflow (4.7 Sv). Nevertheless, such a large imbalance implies that the

transport estimates across some parts of the bounding sections of the domain are not

622 representative of the average flow conditions over the nominal 4-year OSNAP period. Errors

623 could come from measurement biases as well as the fact that some of the transports are longer-

624 term averages based on climatological Argo/altimetry data (e.g., the flow over the Reykjanes

625 Ridge) or compiled historical data (the flow over the Iceland-Scotland Ridge).

626 To attempt to resolve this transport discrepancy, we evaluated the exchanges across the 627 OSNAP line using the OSNAP analysis, as described in Li et al. (2017). For the Iceland Basin 628 and Rockall Trough sections, this comparison mostly resulted in changes in transport estimates 629 of less than 1 Sv in each layer at each section. However, the transports over the Rockall Plateau 630 were notably greater in the OSNAP analysis, which found nearly double the transport (8.4 Sv) 631 for this region when compared to the glider-based estimates (4.5 Sv) from Houpert et al. (2018) 632 (Fig. 8; Table 1). To calculate the transport in this region, the OSNAP analysis uses the 633 available glider and Argo data across this section to estimate the geostrophic shear, and then 634 references it to surface velocities derived from altimetry. This represents, in principle, a full 635 four-year average over the Rockall Plateau, although the hydrographic data for the region is 636 mostly derived from gliders. While the discrepancy between the two transport estimates is 637 significant, the Rockall Plateau is a difficult location to continuously monitor due to its large 638 spatial extent and complex topography, and the estimates from Houpert et al. (2018) are based 639 solely on 19 months of intermittent glider sections. This makes these results the least robust of 640 any of the OSNAP estimates in the eastern North Atlantic subpolar gyre since all the other 641 estimates are from four years of continuous mooring data. If we instead use the OSNAP analysis 642 estimate for the Rockall Plateau region, this results in a net imbalance of only 1.5 Sv over the 643 study domain, with 29.8 ± 1.6 Sv of total inflow and 31.3 ± 1.7 Sv of total outflow. We

therefore believe that the main contributing factor to the 5.4 Sv imbalance in our original
estimates is due to an underestimation of North Atlantic Current flow into the domain over the
Rockall-Hatton Plateau.

647 To try to verify this supposition using an alternative approach, we evaluated the westward 648 transport across a meridional section through the middle of the Iceland Basin – from mooring 649 M2 to the southeastern slope of Iceland – using Argo data (Fig. 8). Though we are only able to 650 evaluate the top 2000 m of the water column due to the limitations of Argo data, this still 651 includes all waters flowing through our intermediate and upper layers. Results of this analysis 652 find that 9.6 \pm 1.3 Sv of transport flows westward across this section in the upper layer and 9.5 \pm 653 4.0 Sv flows across in the intermediate layer. This total of 19.1 Sv is slightly more than our 654 estimated total outflow (18.6 Sv) in the upper two layers to the west (over the Reykjanes Ridge 655 and through the East Reykjanes Ridge Current), but is well within estimated errors. Using the 656 OSNAP analysis estimate over the Rockall Plateau also yields a very similar implied mass 657 convergence in the upper two layers in the area east of the mid-basin Argo line, of 19.6 Sv, after 658 subtracting the outflows across the Iceland-Scotland Ridge from the inflows across the entire 659 NAC domain. This again suggests that our original mass budget was missing inflow from the 660 North Atlantic Current along the OSNAP line to the east of mooring M2, especially since we 661 have not yet considered potential losses from the top two layers to the bottom layer through 662 entrainment into the Iceland Scotland Overflow Water plume upstream of the mid-basin Argo 663 section. We will therefore use the OSNAP analysis results for the transport over the Rockall 664 Plateau in the remainder of this study.

665 With our inflow and outflow estimates approximately in balance, we next attempt to 666 calculate the overturning budget in the eastern subpolar gyre. We start with the bottom layer (σ_{θ}

667	$> 27.8 \text{ kg m}^{-3}$). According to Johns et al. (2021), $6.0 \pm 0.3 \text{ Sv}$ of Iceland Scotland Overflow
668	Water flows southward out of the study domain along the eastern flank of the Reykjanes Ridge,
669	of which 0.7 ± 0.3 Sv recirculates northward back into the eastern Iceland Basin, leading to a net
670	export of 5.3 \pm 0.3 Sv from the Iceland Basin ($\sigma_{\theta} > 27.8$ kg m ⁻³). Of this 5.3 Sv, water mass
671	analysis indicates that approximately 1.4 ± 0.1 Sv is derived through entrainment from the upper
672	layer as the overflow waters descend into the Iceland Basin from the Iceland-Scotland Ridge
673	(Table 2), and an additional 1.3 ± 0.2 Sv is entrained from the intermediate layer during the
674	continued descent of Iceland Scotland Overflow Water into the basin. However, Johns et al.
675	(2021) also found that approximately 0.7 ± 0.1 Sv of the dense Iceland-Scotland Ridge overflow
676	waters were mixed upward into the intermediate layer within the southward-flowing East
677	Reykjanes Ridge Current, implying a net vertical exchange of only 0.6 Sv from the intermediate
678	layer to the bottom layer along the Iceland Scotland Overflow Water's pathway from the
679	Iceland-Scotland Ridge to the OSNAP line. This implies a larger net flux of overflow waters into
680	the basin (3.3 ± 0.3 Sv) than suggested by direct observations (2.8 ± 0.5 Sv), but both estimates
681	are within the uncertainty of our original estimate. Given this result, we will use the larger 3.3 Sv
682	overflow estimate from Johns et al. (2021), which reduces the overall inflow/outflow imbalance
683	over the study domain from 1.5 Sv to 1.0 Sv. The mass budget for the bottom layer therefore
684	indicates that 1.4 Sv of overturning occurs in the study region due to entrainment (Table 2).
685	

Transport Estimates	Upper Layer $(\sigma_{\theta} < 27.56 \text{ kg m}^{-3})$	Intermediate Layer $(27.8 > \sigma_{\theta} > 27.56)$	Bottom Layer $(\sigma_{\theta} > 27.8 \text{ kg m}^{-3})$
NAC inflow and	10.4 + 1.0	(7 + 1 1	07102
inflow	19.4 ± 1.0	0.7 ± 1.1	0.7 ± 0.3
Outflow/inflow over			
Iceland-Scotland	-5.7 ± 0.9	-0.8 ± 0.3	3.3 ± 0.3
Ridge			
Entrainment to	-14 + 01	-0.6 ± 0.2	20 ± 02
bottom layer	1.4 ± 0.1	0.0 ± 0.2	2.0 ± 0.2
Outflow over			
Reykjanes Ridge and	$\textbf{-6.9}\pm0.9$	-11.7 ± 1.2	$\textbf{-6.0}\pm0.3$
through ERRC/ISOW			
Implied density			
conversion through	54116	6.1 ± 1.7	0.0
progressive water	-3.4 ± 1.0	0.4 ± 1.7	0.0
mass modification			

687 Table 2: The mass balance estimate of transport in the eastern North Atlantic subpolar gyre as 688 determined by this study and summarized in Figure 9. The first row accounts for the total 689 inflow into the region from the south and the second row accounts for the exchanges over the 690 Iceland-Scotland Ridge. The third and fourth rows account for the density changes that occur in the eastern subpolar gyre region examined in this study. The fifth and final row is the total 691 692 outflow over the Reykjanes Ridge and through the East Reykjanes Ridge Current and Iceland 693 Scotland Overflow Water. All values in Sverdrups. Acronyms: North Atlantic Current 694 (NAC); Iceland Scotland Overflow Water (ISOW); East Revkjanes Ridge Current (ERRC).

696 Given these entrainment results from Johns et al. (2021), we can now complete our best

697 estimate of overturning within the full study domain (Table 2 and summarized in Fig. 9).

695

698 Starting with the upper layer, our analysis finds that 19.4 Sv of transport crosses the OSNAP

699 mooring line from the south via the North Atlantic Current. Once the outflow over the Iceland-

700 Scotland Ridge (5.7 Sv) and entrainment into Iceland Scotland Overflow Water (1.4 Sv) are

subtracted, 12.3 Sv remains. Of this remaining transport, 6.9 Sv exits the region to the west

through the East Reykjanes Ridge Current and across the Reykjanes Ridge. This implies that 5.4

- 703 Sv of transport is lost from the upper layer to the intermediate layer by progressive diapycnal
- 704 water mass modification (i.e., overturning). Similarly for the intermediate layer, once all inflows
- and outflows are considered, our mass budget implies that 6.4 Sv of transport is gained from the

706 upper layer. The difference between these two estimates is due to the residual 1 Sv mass 707 imbalance over the study region. The error in these two density conversion estimates (± 1.6 Sv 708 for the upper layer; ± 1.7 for the intermediate layer) result from standard uncertainty propagation 709 of the transport errors for the inflows/outflows in the respective layers. Averaging these two 710 conversions leads to a mean estimate of 5.9 ± 2.2 Sv for the overturning in the eastern subpolar 711 gyre through progressive water mass modification, where an additional ± 0.5 Sv has been added 712 to account for the overall 1 Sv mass imbalance. The error in this average therefore incorporates 713 the range of possible transport estimates from the two individual calculations. While this volume 714 of overturning seems remarkable, a previous study from Koman et al. (2020) also found an 715 unexpected amount of overturning in a domain that is similar to our mid-basin to Reykjanes 716 Ridge region. Their study found that the East Reykjanes Ridge Current, which covers roughly 717 the same domain, accounts for approximately 1/3 of the total density transformation in the entire 718 North Atlantic subpolar gyre boundary current system. Since simple thermodynamic principles 719 dictate that warmer water cools more rapidly under similar atmospheric conditions, and that the 720 region to the east of our mid-basin Argo section is significantly larger than the region to the west, 721 it is likely that an even greater transformation occurs farther east due to cooling of the near-722 surface waters of the North Atlantic Current which are the warmest in the subpolar gyre.



725Figure 9: Summary schematic of the overall water mass transformations occurring in the726eastern North Atlantic subpolar gyre. Each box denotes the total inflow (left side of arrow)727and outflow (right side of arrow) from the study domain in each potential density layer.728Arrows outside the boxes denote diapycnal transfers with uncertainties. The isopycnals used729to distinguish the layers are labeled and indicated by dashed lines. Overall this study finds a730total of 7.3 ± 2.3 Sv of waters within the upper AMOC limb are converted to the lower limb731(intermediate and deep layers) within the eastern subpolar gyre. All values in Sv.

732

733 In total, considering both the transformation of upper to intermediate layer waters 734 described above, and the entrainment of upper layer waters into the dense overflows crossing the 735 Iceland-Scotland Ridge, this analysis suggests that 7.3 ± 2.2 Sv of overturning occurs from the 736 upper limb to the lower limb of the AMOC in the northern Iceland Basin, where the isopycnal of 737 maximum overturning ($\sigma_{\theta} = 27.56 \text{ kg m}^{-3}$) along the OSNAP line between Greenland and 738 Scotland is used as the basis for defining the upper and lower AMOC limbs. From the OSNAP 739 analysis, the 4-year mean overturning at this isopycnal across this same section from Greenland 740 to Scotland is 15.2 Sv (Li et al., 2021). Approximately 6 Sv of this 15.2 Sv can be accounted for

741 by transformation of upper limb waters crossing into the Norwegian Seas that return as dense 742 overflows that cross the Greenland-Scotland Ridge, including the Iceland-Scotland overflow 743 discussed in the background and the well-documented 3.2 Sv of dense overflow between 744 Greenland and Iceland through the Denmark Strait (Jochumsen et al., 2017). This leaves 745 approximately 9.2 Sv to be converted around the subpolar gyre from Scotland to Greenland, 746 which, with our result that 7.3 Sv appears to occur in the Iceland Basin, implies that only 1.9 Sv 747 occurs in the Irminger Basin (Fig. 10). This means that approximately 13% of the overturning 748 occurs in the Irminger Basin, 39% in the Norwegian Sea, and nearly half in the subpolar gyre 749 east of the Reykjanes Ridge. Petit et al. (2020) also found a similar estimate for the subpolar 750 gyre overturning between the OSNAP line and the Greenland-Scotland Ridge of 7.0 ± 2.0 Sv, 751 but did not attempt to divide it into separate contributions from the Iceland and Irminger basins. 752 However, in considering the wintertime water mass transformations forced by air-sea buoyancy 753 fluxes, they found that the Iceland Basin, Rockall Plateau and northern Rockall Trough are the 754 most critical location for the preconditioning of the deep waters of the AMOC lower limb. 755 Finally, it should be emphasized that the partitioning of the overturning in the different basins as 756 described above is not representative of the actual magnitude of the density transformations 757 occurring in each basin. The Norwegian Sea, for example, experiences a dramatic diapycnal 758 transformation of warm, salty waters from the North Atlantic Current converting into some of 759 the densest waters in the northern North Atlantic. The water mass changes around the subpolar 760 gyre, on the other hand, are much more progressive and involve a lesser degree of density change 761 as the warm near-surface waters gradually cool and sink across the overturning isopycnal.



Figure 10: Summary schematic of overturning in the northern North Atlantic and Norwegian Sea using the isopycnal of maximum overturning along the OSNAP line between Greenland and Scotland ($\sigma_{\theta} = 27.56 \text{ kg m}^{-3}$). The total in the Iceland/Rockall basins ($7.3 \pm 2.2 \text{ Sv}$) is the amount determined by this study, the total in the Norwegian Sea is based on historical estimates, and the total in the Irminger Basin in the west is the amount that remains from the total overturning calculation (15.2 Sv) as determined by OSNAP. Triangles note the location of OSNAP moorings and bathymetry contours change color with every 1000 m in depth.

To attempt to validate these results, we performed an analysis of the exchanges in the Irminger Basin that is similar to the one performed in the eastern subpolar gyre. To keep the analysis simple, we only consider the upper limb ($\sigma_{\theta} < 27.56 \text{ kg m}^{-3}$) and lower limb ($\sigma_{\theta} > 27.56 \text{ kg m}^{-3}$) instead of the three density layers (Table 3). As previously discussed from Koman et al. (2020), the westward flow of East Reykjanes Ridge Current leakage over the Reykjanes Ridge results in an inflow into the Irminger Basin of $3.8 \pm 0.8 \text{ Sv}$ in the upper limb and $3.0 \pm 1.0 \text{ Sv}$ in the lower limb. The primary inflow into the basin is from the south through the OSNAP line via 778 the Irminger Current. Using the results from the OSNAP analysis these contribute 3.1 Sv to the 779 upper limb and 22.1 Sv to the lower limb. The other inflow source is from southward flow 780 through the Denmark Strait. As previously discussed, 3.2 Sv of dense Denmark Strait Overflow 781 Water enters the Irminger Basin at this location as part of the lower limb (Jochumsen et al., 782 2017), plus an additional transport of 2.0 Sv of near-surface water flows into the basin above it 783 through the East Greenland Coastal Current and the East Greenland Current (Østerhus et al., 784 2019). Despite the near freezing temperatures of this 2.0 Sv, we estimate from the paper by de 785 Steur et al. (2017; Fig. 4) that ~ 1.1 Sv is actually considered upper limb water due to its relative 786 freshness (< 34.5 psu), leaving ~0.9 Sv in the lower limb. The vast majority of the outflow from 787 the Irminger Basin is southward near the tip of Greenland through the OSNAP line via the East 788 Greenland Coastal Current and the East Greenland-Irminger Current. According to the OSNAP 789 analysis, these flows combine to export 4.3 Sv of transport from the basin in the upper limb and 790 27.8 Sv of transport in the lower limb. A small additional outflow of 0.9 Sv from the Irminger 791 Basin occurs to the north along the western Icelandic Shelf from leakage from the Irminger 792 Current (Jónsson & Valdimarsson, 2012; Østerhus et al., 2019). Using a θ -S diagram from 793 Jónsson & Valdimarsson (2012; Fig. 6), we estimate that ~ 0.5 Sv of this transport is upper limb 794 water while the other ~ 0.4 is from the lower limb.

Combining these results, we find that the Irminger Basin inflow contains 8.0 Sv of transport in the upper limb of the AMOC ($\sigma_{\theta} < 27.56 \text{ kg m}^{-3}$) and 29.2 Sv in the lower limb ($\sigma_{\theta} >$ 27.56 kg m⁻³) for a total inflow into the Irminger Basin of 37.2 Sv. For the waters flowing out of the basin, 4.8 Sv are in the upper limb and 28.2 are in the lower limb. This gives a total export of 33.0 Sv out of the Irminger Basin, which is 4.2 Sv less than the inflow total. This again leaves a relatively large imbalance, and it is not obvious which of the transport estimates in Table 3 is the 801 cause of it. However, for the purposes of estimating the overturning in the Irminger Basin we 802 can treat this imbalance in two ways. First, if we assume that all (or most) of the mass imbalance 803 is in the lower limb transports - which seems a likely scenario since the estimated lower limb 804 outflow from the basin is slightly less (by 1.0 Sv) than the lower limb inflow - we can arrive at 805 an upper bound estimate of the overturning of 3.2 Sv, which is simply the difference of the upper 806 layer inflow (8.0 Sv) and upper layer outflow (4.8 Sv) from the basin. Alternatively, if we split 807 the 4.2 Sv mass imbalance equally between the upper and lower layers, so that the upper layer 808 net inflow is decreased by 2.1 Sv and the lower layer outflow is increased by 2.1 Sv, this results 809 in an overturning estimate of 1.1 Sv for the Irminger Basin (Table 3). The midpoint of these two 810 estimates is very close to the 1.9 Sv estimate implied from our earlier analysis of the Iceland 811 Basin, and suggests that the overturning in the Irminger Basin is not likely to be more than about 812 3 Sv. These results support our conclusion that the Iceland Basin is the dominant region of 813 overturning in the northern subpolar gyre mostly due to progressive water mass modification. 814 Finally, we note that these results are not highly sensitive to the specific choice of density 815 interface between the upper and lower AMOC limbs. If the isopycnal of maximum overturning 816 for the full OSNAP array including the Labrador Sea ($\sigma_{\theta} = 27.66 \text{ kg m}^{-3}$) is used, instead of the 817 isopycnal of maximum overturning across the Greenland-Scotland portion of the array ($\sigma_{\theta} =$ 818 27.56 kg m⁻³), the results for the overturning in the Irminger Basin are identical. The upper 819 bound estimate for overturning in the basin would remain at 3.2 Sv, and an equal distribution of 820 the mass balance discrepancy between the two limbs would likewise result in only 1.1 Sv of 821 overturning. On the other hand, using this denser isopycnal for the region to the east of the 822 Reykjanes Ridge does reduce the overturning estimate by 1.0 Sv (7.3 to 6.3 Sv), but this value is 823 still well within the error of our Iceland Basin overturning estimate (± 2.2 Sv).

INFLOW:	Upper Limb	Lower Limb	Tatal
	$(\sigma_{\theta} < 27.56 \text{ kg m}^{-3})$	$(\sigma_{\theta} > 27.56 \text{ kg m}^{-3})$	Total
ERRC leakage over Reykjanes Ridge	3.8 ± 0.8	3.0 ± 1.0	6.8 ± 1.3
Irminger Current	3.1 ± 0.3	22.1 ± 0.7	25.2 ± 0.8
DSOW through Denmark Strait		3.2 ± 0.1	3.2 ± 0.1
EGCC/EGC over Denmark Strait	1.1 ± 0.5	0.9 ± 0.4	2.0 ± 0.5
Total Inflow:	8.0 ± 1.0	29.2 ± 1.3	37.2 ± 1.6
OUTFLOW:			
Irminger Current leakage over the Western Icelandic Shelf	0.5 ± 0.2	0.4 ± 0.2	0.9 ± 0.1
EGCC/EGIC	4.3 ± 0.3	27.8 ± 0.5	32.1 ± 0.6
Total Outflow:	$\textbf{4.8} \pm \textbf{0.4}$	28.2 + 0.5	33.0 ± 0.7
Overall gain/loss between inflow and outflow	-3.2	-1.0	-4.2
WITH ENFORCED MASS BALANCE:			
Net inflow	8.0 ^a (5.9) ^b	29.2 ^a (29.2) ^b	37.2 ^a (35.1) ^b
Net outflow	4.8^{a} (4.8) ^b	33.4 ^a (30.3) ^b	37.2 ^a (35.1) ^b
Overall gain/loss between inflow and outflow	-3.2 ^a (-1.1) ^b	3.2 ^a (1.1) ^b	0.0^{a} $(0.0)^{b}$

824 Table 3: Estimates of transport inflow and outflow in the Irminger Basin separated by the

825 upper ($\sigma_{\theta} < 27.56 \text{ kg m}^{-3}$) and lower limbs ($\sigma_{\theta} > 27.56 \text{ kg m}^{-3}$) of the AMOC as defined by the

826 OSNAP program between Greenland and Scotland (Li et al., 2021). This budget accounts for

827 four inflow locations and two outflow locations using transport estimates from the OSNAP

828 analysis and recent historical estimates. To enforce mass balance, we calculated two plausible

scenarios (bottom rows). In the first case (a), we attribute the entire discrepancy to the lower

830 limb to calculate an upper bound of overturning the Irminger Basin; this results in 3.2 Sv of

831 overturning. In the second case (b), we equally distribute the mass imbalance between the

832 upper and lower limbs (2.1 Sv each), resulting in 1.1 Sv of overturning. All values in Sv.

833 Acronyms: East Reykjanes Ridge Current (ERRC); Labrador Sea Water (LSW); Denmark

834 Strait Overflow Water (DSOW); East Greenland Coastal Current (EGCC); East Greenland

835 Current (EGC); East Greenland-Irminger Current (EGIC). Uncertainties are based on

836 calculated errors from the OSNAP analysis, published results in Østerhus et al. (2019) and

837 Jochumsen et al. (2012), estimates from de Steur et al. (2017) and Jónsson & Valdimarsson

838 (2012), and, where relevant, the proper propagation of errors.

840 **5. Summary and Conclusions**

841

The North Atlantic Current is the primary conduit of the upper limb of the AMOC as it 842 843 enters the North Atlantic subpolar gyre through the Iceland Basin, over the Rockall Plateau, and 844 through the Rockall Trough. We estimate that the total transport of the North Atlantic Current entering through these locations is ~25-27 Sv (σ_{θ} < 27.8 kg m⁻³), with 13-14 Sv flowing through 845 846 the Iceland Basin, ~4-5 Sv entering through the Rockall Trough, and ~8-9 Sv flowing over the 847 Rockall Plateau primarily through the Hatton Bank Jet and the Rockall Bank Jet. We further 848 find that approximately 19-20 Sv of the North Atlantic Current transports waters within the 849 upper limb of the AMOC ($\sigma_{\theta} < 27.56$ kg m⁻³), including ~7-8 Sv in the Iceland Basin, ~5 in the 850 Rockall Trough, and about 7 Sv over the Rockall Plateau. This agrees with the range (16-20 Sv) 851 of estimated North Atlantic Current inflow in the upper AMOC limb from previous studies 852 (Daniault et al., 2016; Mercier et al., 2015; Sarafanov et al., 2012). Our results also suggest that 853 less than 20% of the subpolar gyre inflow from the North Atlantic Current enters the Rockall 854 Trough, while over 80% enters through the Iceland Basin and over the Rockall Plateau. While 855 this ratio is not as extreme as the 10%/90% breakdown suggested by Bower et al. (2019), it 856 confirms that the vast majority of North Atlantic Current inflow occurs to the west of the Rockall 857 Trough.

Within the Iceland Basin, our analysis finds that the North Atlantic Current enters the region as a primary flow on the eastern side of the basin near 23.5°W with a mostly barotropic, secondary flow in the middle of the basin near 26°W. Through westward eddy propagation and meanders of the primary branch, these two conduits of the North Atlantic Current regularly interact resulting in a strong negative correlation between them. In certain cases, this even results in the primary branch intermittently occupying the location of the secondary branch.
Results from Argo and altimetry data compare favorably and agree closely on the mean
transports, velocities, and locations of the North Atlantic Current branches. The altimetry-based
time series also reveals that much of the North Atlantic Current's variability is due to the
barotropic component of the transport, while water mass analysis from Argo finds that both
branches likely contain more recirculated subpolar gyre water than subtropical-origin water due
to their relative freshness (<35.15 psu).

870 An important result from this study is the determination that 7.3 ± 2.3 Sv of the AMOC 871 occurs in the North Atlantic subpolar gyre to the east of the Reykjanes Ridge. This includes 1.4 872 ± 0.1 Sv of overturning due to the entrainment of upper AMOC limb waters into the Norwegian 873 Sea Overflows descending into the Iceland Basin, and 5.9 ± 2.2 Sv from progressive water mass 874 modification through buoyancy loss. If, additionally, we assume that the 1.9 Sv of overturning 875 that we estimate to occur in the Irminger Basin is entirely due to progressive water mass 876 transformation, we obtain a total of 7.8 Sv for the total buoyancy-forced overturning over the 877 subpolar gyre between the OSNAP line and the Greenland-Scotland Ridge. This is consistent 878 with the recent study by Petit et al. (2020) which found a value of 7.0 ± 2.5 Sv for the 879 overturning due to buoyancy forcing over this same region. It is unlikely that very much, if any, 880 of the overturning in the Irminger basin is due to entrainment into the Denmark Strait overflow, 881 since previous studies suggest that the entrainment into that overflow is all drawn from waters 882 already within the lower limb ($\sigma_{\theta} > 27.56 \text{ kg m}^{-3}$; Tanhua et al., 2005). Our results therefore 883 agree with Petit et al. (2020) that entrainment into the deep overflows does not play a major role 884 in the transformation of upper limb water to the lower limb, as it only accounts for O(1.5 Sv) of 885 the 9.2 Sv of total overturning across this region.

886	This study concludes that nearly half of the AMOC occurs to the east of the Reykjanes
887	Ridge between the OSNAP line and the Iceland-Scotland Ridge. Given that previous studies
888	have noted that the waters in the Rockall Trough propagate directly to the Norwegian Sea
889	(Holliday et al., 2008), and that virtually all the water entering the Norwegian Sea from the
890	Rockall Trough is at densities within the upper limb (Fig. 8), it is likely that the vast majority of
891	the overturning in this region is isolated to the domain of the Rockall Plateau and Iceland Basin.
892	These results are based on a collection of estimates covering different time periods with different
893	averaging time scales, and more studies will be needed to further substantiate these results.
894	However, with the recent revelation that little overturning occurs in the Labrador Basin (Lozier
895	et al., 2019), this study provides evidence that much of the upper to deep limb water mass
896	transformation of the AMOC in the subpolar North Atlantic occurs in the northern Iceland Basin.
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